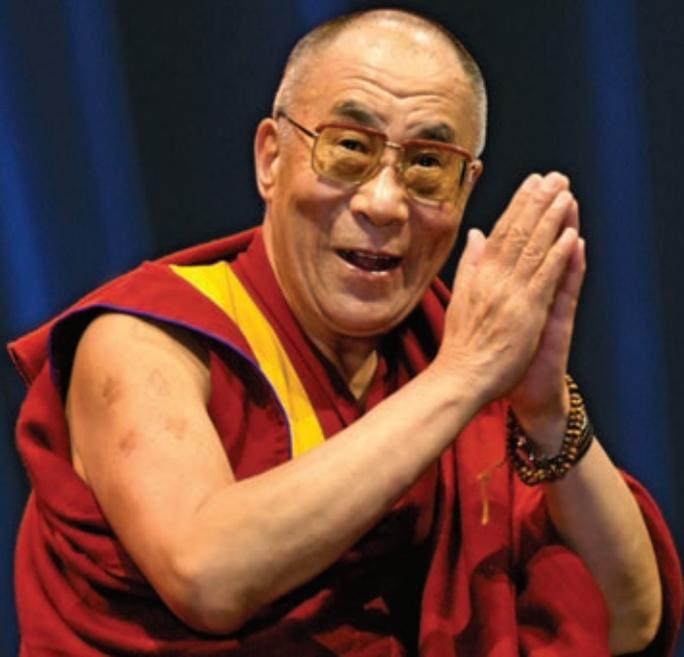




Presents Teachings on

Stages of Meditation

BY KAMALASHILA



It's been said that there are three faces to His Holiness the Dalai Lama. The leader of the Tibetan people, the international ambassador for peace, compassion and tolerance and the meditation master and teacher.

This time in Australia we are especially privileged to be able to receive intensive teachings on meditation from His Holiness.

People all over the world seem to know instinctively, that just a moment spent in the presence of His Holiness is a precious opportunity. We have a very special man on the planet right now, and the chance to receive teachings from him is truly a precious jewel.

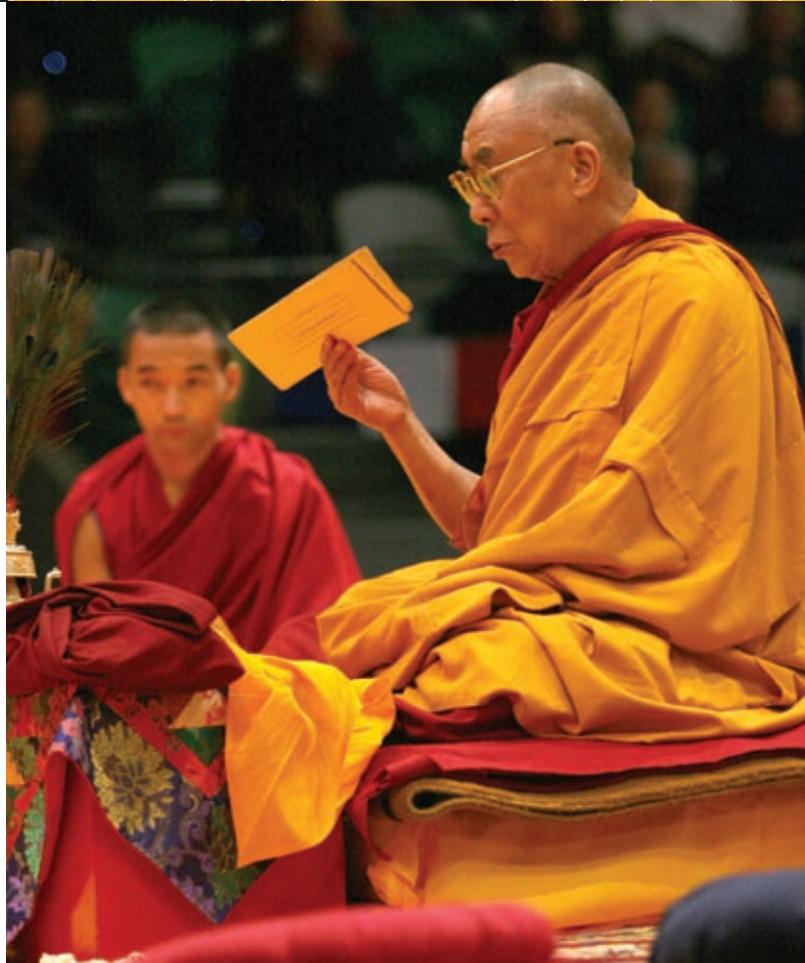


THE TEACHINGS

Described by His Holiness as *“a key that opens the door to all other major Buddhist scriptures”*, Kamalashila's classic text *Stages of Meditation* has been revered by Buddhists of all traditions since its creation.

Presenting the essence of the entire Buddhist Path to Enlightenment in 10 short chapters, Kamalashila's text places particular emphasis on calm abiding meditation and special insight. It demonstrates how carefully structured and conceptually informed meditation sessions serve as the bridge between the philosophical tenets of Buddhism and insight in the mind of practitioners.

Over the course of five inspiring days by reference to Kamalashila's text, His Holiness the Dalai Lama will demonstrate how the nature of awareness, developed through meditative practices can be transformed into the direct perceptual wisdom necessary to achieve enlightenment itself.



11 – 15 June 2008

The Dome, Sydney Showground, Sydney Olympic Park

THE PROGRAM

His Holiness will deliver teachings in both morning and afternoon sessions throughout the course. Meditation and discussion sessions will be conducted around the teachings from early morning till evening each day, so for those wishing to, these five days can be like a retreat. On the final day of the teachings, His Holiness will give the Chenrezig (Avalokitesvara) Initiation.

TICKETS

Tickets for the full five days are available on the official website. To learn more about the teachings and the program, and to book your tickets, visit www.dalailamaaustralia.org

There are also a limited number of scholarships available for non-Sangha members unable to purchase a ticket. Please register for a scholarship by visiting the website.

You can also assist a member of the Sangha to attend these teachings through sponsorship. All details are available on the website.

Sangha members should register by visiting the website and completing the Sangha Registration Form or calling the 2008 Teachings office.

11 – 15 June 2008

The Dome, Sydney Showground
Sydney Olympic Park



ACCOMMODATION & TRAVEL

There are a number of hotels and accommodation options available, ideally located within 150 meters of The Dome at Sydney Showground, Sydney Olympic Park. Special packages can be found through the website.

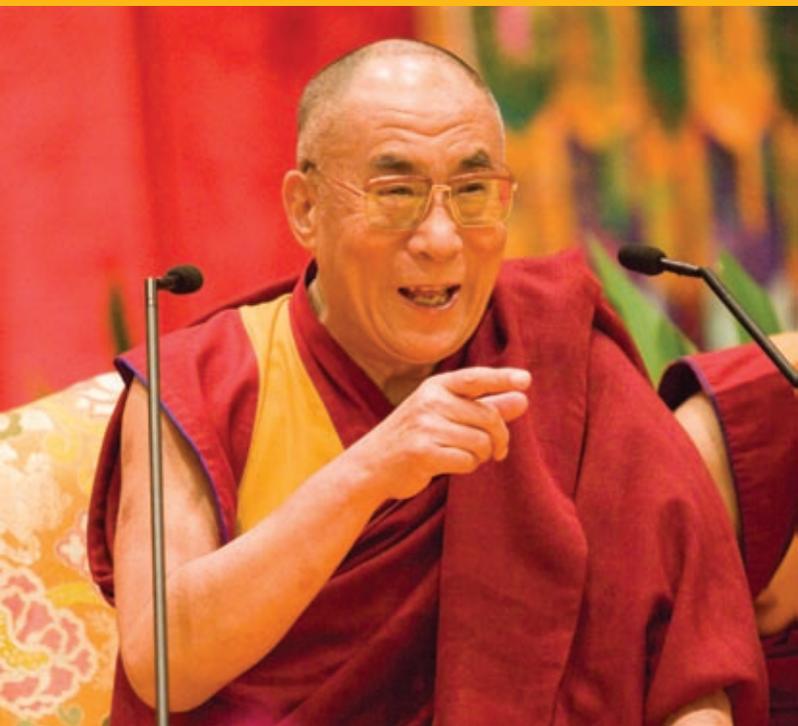
Information and contact details for travel, from around Australia and South East Asia, is also available on the website.

VOLUNTEERS

Volunteers will play an integral role in the success of the 2008 Stages of Meditation Teachings. If you would like to participate as a volunteer, register your interest at the website.

OTHER LANGUAGES

The text and translation via FM transmission at the venue, will be available in other languages including Chinese and Vietnamese. Further information is available on the website.



For information and tickets go to
www.dalailamaaustralia.org

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Supporters:



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